

November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Cheese Omelet 1 WW Toast Cereal/Fruit Juice/Milk Tacos Refried Beans Peaches Cowboy Bread	Breakfast Pizza 2 Cereal/Fruit Juice/Milk Fish Sticks Romaine Salad Sweet Potato Fries Applesauce
Pancakes/Sausage Links 5 Cereal/Fruit Juice/Milk Chicken Strips Au gratin Potatoes WW Roll Pineapple	Cereal/WW Toast 6 Fruit Juice/Milk Stew Crackers Cheese Sticks Cinnamon Rolls Apple Slices	Biscuits & Gravy 7 Cereal/Fruit Juice/Milk Mini Corn Dogs Fresh Broccoli Tator Tots Pears	Bagel Bites 8 Cereal/Fruit Juice/Milk Tator Tot Casserole Carrots WW Roll Peaches	Breakfast Bars 9 WW Toast Cereal/Fruit Juice/Milk Hot Ham & Cheese Sandwich Lettuce Salad Oranges Cookies
Sausage & Egg Biscuit 12 Cereal/Fruit Juice/Milk Hamburgers French Fries SW Bar Tropical Fruit	Waffles/Sausage Links 13 Cereal/Fruit Juice/Milk Sausage Nachos Pinto Beans Grapes Jello	Kolaches 14 Cereal/Fruit Juice/Milk Chicken & Noodles WW Rolls Pumpkin Pie Cranberry Salad	Pancakes on a Stick 15 Cereal/Fruit Juice/Milk Crisпитos Lettuce Salad Pears	Breakfast Bars 16 WW Toast Cereal/Fruit Juice/Milk Spaghetti Garlic Bread Sticks Carrots Mixed Fruit
French Toast Sticks 19 Sausage Links Fruit/Cereal Juice/Milk Ham & Cheese Wraps Tri Tators Oranges Pudding	Cereal/Poptarts 20 Fruit Juice/Milk Pizza WW Breadsticks Corn Pineapple	21 No School Thanksgiving Break	22 No School Thanksgiving Break	23 No School Thanksgiving Break
Muffins 26 Cereal/Fruit Juice/Milk Ham & Beans Okra WW Roll Mixed Fruit	Biscuits & Gravy 27 Cereal/Fruit Juice/Milk Pork Patty WW Roll Carrots Peaches	Breakfast Pizza 28 Cereal/Fruit Juice/Milk Roasted Chicken Sliced Bread Mashed Potatoes & Gravy Applesauce	Cheese Omelet 29 WW Toast Cereal/Fruit Juice/Milk Ham & Cheese Wraps Romaine Salad Mandarin Oranges Brownie	Pancakes/Sausage Links 30 Cereal/Fruit Juice/Milk Steak Sandwich SW Bar Baked Beans Pears

Milk, fat free chocolate or 1% white milk, is served with every meal. – This institution is an equal opportunity provider.