

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<h2 style="margin: 0;">Christmas Break</h2> <h3 style="margin: 0;">Have a Merry Christmas and a Happy New Year!</h3>				
Muffins/Yogurt 7 Cereal/Fruit Juice/Milk Beef Stroganoff WW Roll Green Beans Applesauce	Biscuits & Gravy 8 Cereal/Fruit Juice/Milk Crispito Refried Beans Pears Cowboy Bread	Breakfast Bars 9 WW Toast Cerea/Fruit Juice/Milk Turkey Roast Mashed Potatoes WW Roll Pineapple	Pancake/Sausage 10 Cereal/Fruit Juice/Milk McRib Sandwich Dill Spear Carrots Mixed Fruit	Breakfast Burritos 11 Cereal/Fruit Juice/Milk Fish Sticks Spinach Coleslaw Peaches
Kolache 14 Cereal/Fruit Juice/Milk Goulash Corn Garlic Breadstick Mandarin Oranges	Waffles/Sausage 15 Cereal/Fruit Juice/Milk Beef & Bean Burrito Lettuce Salad Applesauce Apple Crisp	Cheese Omelet 16 WW Toast Cereal/Fruit Juice/Milk Chicken Drummies WW Roll Carrots Pears	Sausage & Egg Biscuit 17 Cereal/Fruit Juice/Milk Sloppy Joes Dill Spear Broccoli Pineapple	Bagel Bites 18 Cereal/Fruit Juice/Milk Hot Ham & Cheese Sandwich Chips Baked Beans Peaches
Breakfast Pizza 21 Cereal/Fruit Juice/Milk Chicken Sandwich SW Bar Black Eyed Peas Oranges	Biscuits & Gravy 22 Cereal/Fruit Juice/Milk Corn Dogs Tri Tators Corn Apples	Pancake on Stick 23 Cereal/Fruit Juice/Milk Taco Soup Cheese Sticks Crackers Peaches Peanut Butter Cookies	Poptarts/Yogurt 24 Cereal/Fruit Juice/Milk Chicken & Cheese Wraps Lettuce Salad Pinto Beans Mixed Fruit	Kolache 25 Cereal/Fruit Juice/Milk Pizza Breadsticks Romaine Salad Grapes
French Toast Sticks 28 Cereal/Fruit Juice/Milk Hamburgers SW Bar Corn Curly Fries Tropical Fruit	Breakfast Bars 29 WW Toast Cereal/Fruit Juice/Milk Lil Smokies Mac & Cheese Green Beans Mandarin Oranges	Granola Bars 30 Cereal/Fruit Juice/Milk Chicken Tetrazzini Romaine Salad WW Roll Pineapple	Breakfast Burrito 31 Cereal/Fruit Juice/Milk Ham Sweet Potatoes WW Roll Peaches Jello	

Milk, fat free chocolate or 1% white milk, is served with every meal. This institution is an equal opportunity provider.